

# **Robin DuFresne, PhD, LPCC-S, NCC, ACS**

Heidelberg University  
[rdufresn@heidelberg.edu](mailto:rdufresn@heidelberg.edu)

## **Education**

Doctor of Philosophy in Counselor Education and Supervision  
University of Toledo, Toledo, OH (CACREP Accredited)  
May 2016

Master of Arts in Counselor Education  
University of Toledo, Toledo, OH (CACREP Accredited)  
Concentration: Clinical Mental Health Counseling  
December 2012

Bachelor of Arts in Psychology  
Knox College, Galesburg, IL  
June 1999

## **Licensure and Certification**

Licensed Professional Clinical Counselor License No. E1100324 - SUPV  
Ohio Counselor, Social Work and Marriage & Family Therapist Board

National Certified Counselor No. 324590  
National Board for Certified Counselors

Approved Clinical Supervisor, No. ACS02425  
Center for Credentialing & Education

## **Teaching Experience**

Assistant Professor, Heidelberg University, Master of Counseling (CACREP accredited)  
Tiffin, OH January 2022 – present

COU 502: Human Growth & Development (online; x2)  
COU 532: Professional Issues in Counseling: Legal & Ethical (x3)  
COU 545: Current Issues in Counseling – Psychopharmacology (online; x2)  
COU 580: Practicum in Clinical Counseling (x9)  
COU 583: Internship in Clinical Counseling (x14)  
COU 594: Practicum in School Counseling  
COU 609: Etiology & Diagnosis in Mental Health Counseling (x3)  
COU 620: Evaluation of Mental and Emotional Status  
COU 637: Chemical Dependency & Substance Abuse Counseling (online; x3)

Assistant Teaching Professor, Bowling Green State University, School of Counseling and Special  
Education (CACREP Accredited)  
Bowling Green, OH August 2017 – December 2021

COUN 6680: Mental and Emotional Disorder (x3)  
COUN 6730: Child and Adolescent Counseling  
COUN 6770: Skills and Techniques of Counseling (x2)  
COUN 6780: Legal and Ethical Issues in Counseling (x4)  
COUN 6805: Alcohol and Drug Abuse Counseling (x3)  
COUN 6815: DSM Diagnosis and Treatment Implications for Counselor  
COUN 6820: Special Topics in Counseling: Psychopharmacology  
COUN 6835: Play Therapy

COUN 6885: Practicum in Counseling (x8)  
COUN 6890: Internship in Counseling (x4)  
EDIS 6780: Assessment and Testing in Mental Health Counseling (x2)

Assistant Professor, Viterbo University, School of Health and Human Behavior (CACREP Accredited)  
La Crosse, WI August 2016 – May 2017

COUN 565: Behavior Disorders (x2)  
COUN 580: Trauma and Crisis  
COUN 650: Psychopharmacology  
COUN 690: Counseling Practicum  
COUN 695: Counseling Internship

Adjunct Instructor, Bowling Green State University, School of Intervention Services (CACREP Accredited)  
Bowling Green, OH May 2015 – December 2016

COUN 6740: Career and Life Plan Approach, Fall 2016 (online)  
COUN 7760: Practicum in Counseling (School), Spring 2016  
COUN 6640: Crisis Counseling, Fall 2015  
COUN 6790: Group Counseling Models and Procedures, Summer 2015

Graduate Assistant  
University of Toledo, Department of School Psychology, Higher Education, and Counselor Education (CACREP Accredited)  
Toledo, OH May 2013 – May 2015

Instructor of Record  
COUN 5190: Counseling Practicum, Clinical Mental Health, Spring 2015  
COUN 4080: Essentials of Helping Relationships, Fall 2014  
COUN 3220: Theories of Mental Health, Fall 2013

Graduate courses co-taught  
COUN 7350: Advanced Theories of Counseling Interventions, Fall 2015  
COUN 6210: Psychopathology, Spring 2015  
COUN 5190: Counseling Practicum, School Counseling, Spring 2015  
COUN 5020: Orientation to Clinical Mental Health Counseling, Fall 2014  
COUN 5120: Individual and Group Assessment, Summer 2013

Graduate Teaching Assistant  
COUN 6940: Counseling Internship – School, Fall 2014  
COUN 6940: Counseling Internship – Clinical Mental Health, Spring 2014  
COUN 5190: Counseling Practicum, Summer 2013

## **Administrative Experience**

*Field Coordinator*, Heidelberg University, Master of Counseling program (CACREP Accredited)  
January 2022 – present

- Coordinate field placements for practicum and internship
- Maintain field documentation in Tevera
- Identify new sites for field placement
- Coordinate remediation plans that involve field courses.
- Handle concerns that arise at field placements
- Provide on-call services for student consultation or emergency
- Provide consultation to site supervisors
- Coordinate HRSA grant documentation (Fall 2023-present)
- Assist with accreditation self-study, authoring section on Professional Practice

*Program Coordinator*, Bowling Green State University, Clinical Mental Health and School Counseling Programs (CACREP Accredited)

August 2017 – August 2021

- Represent Program at College and University Level
- Recruit new students
- Respond to prospective student inquiries
- Practicum and Internship coordinator
- Track student progress through program
- Maintain assessment data for course-level and program-level outcomes

*CACREP Liaison*, Bowling Green State University, Clinical Mental Health and School Counseling Programs (CACREP Accredited)

August 2017 – December 2021

- Authored 2017 Self-Study and two addenda; Coordinated 2018 Site visit
- Complete annual report
- Track assessment data and coordinator assessment plan

## **Counseling and Related Experience**

*Adult Therapist*, Zepf Center

December 2013 – July 2016

- Assess and diagnose individuals with severe and persistent mental illness
- Provide individual counseling services
- Provide Cognitive Enhancement Therapy group counseling services
- Participate in staff meetings where case conceptualization occurs
- Receive individual and group supervision
- Maintain appropriate documentation utilizing NextGen electronic health record

*Counseling Intern*, University Counseling Center, The University of Toledo

January, 2012 – December, 2012

- Assessed, diagnosed and treated mental health disorders under supervision
- Participated in staff meeting where staffing of clients occurs
- Facilitated weekly LGBTQ group and developed Eating Disorder Group
- Updated new employee and intern orientation manual and safety protocols
- Maintained appropriate records utilizing Titanium 10.0 software

*Counselor Intern*, Valko and Associates

August, 2011 – December, 2011

- Assessed, diagnosed and treated mental health disorders under supervision
- Complete 100 hour practicum experience
- Participated in staff meetings where case consultation occurred
- Consulted with team of counselors, psychiatrists, and psychologists

*Qualified Intellectual Disabilities Professional*, Northwest Ohio Developmental Center

April, 2005 – August, 2013

- Coordinated services for a caseload of 18-42 individuals with developmental disabilities
- Supervised 25 direct care staff and a 3-member management team
- Participated in accreditation surveys, developed and implemented plan of correction
- Served as a Crisis Intervention Team member and instructor

## **Publications**

*Peer reviewed:*

Johnson, T., LaFauci Schutt, J.M., Messinger, E., Blanchard, R., Saunders, R., LeFever, C. & **DuFresne, R.M.** (2022). Why CSI? Revisiting the Importance of Professional Organization Membership. *Exemplar*.

**DuFresne, R.M.**, Baltrinic, E.R., Laux, J.M., & Reynolds, J. (2020) Is Counseling Ready for Rational Suicide? *Mid-Western Educational Researcher*.

Rose, J.S., **DuFresne, R.M.**, Arnekrans, A.K., & Neyland-Brown, L. (2020) The Ethics of Social Media in Counselor Education. *Journal of Counselor Preparation and Supervision*

Laux, J. M, **DuFresne, R.M.**, Dari, T., & Juhnke, G. (2017). Substance Use Assessment Instruments: 13 Years Later. *The Journal of Addictions & Offender Counseling*. 38(2), 115-124. doi: 10.1002/jaoc.12034

Whisenhunt, J., **DuFresne, R.**, Zoldan, C. A., Rovnak, A. Stargell, N. A., & Kress, V. E. (2017). Supporting Counselors after a Client Suicide: Creative Supervision Techniques. *Journal of Creativity in Mental Health*. doi: 10.1080/15401383.2017.1281184.

Laux, J. M., **DuFresne, R.M.**, Arnekrans, A. K., Lindinger-Sternart, S., Roseman, C. P., Wertenberger, A., Calmes, S., Love, D. W., Burck, A.M., & Schultz, J. (2016). Assessing the Accuracy of the Substance Abuse Assessment Subtle Screening Inventory – 3 Using DSM-5 Criteria. *The Professional Counselor*. 6, 121-133. doi:10.15241/jl.6.2.121

**DuFresne, R.** (2014). Feelings into Words. Activity in V. E. Kress and M. J. Paylo's, *Treating mental disorders: A strength-based, comprehensive approach to case conceptualization and treatment*. (p. xx – xx) Pearson.

**DuFresne, R.**, Haar, J.I., Intagliata, A., & Rybarczyk, N. (2013). The Case of Liam: Ethical Counseling of Minors. *VISTAS*. Retrieved from [http://www.counseling.org/Resources/Library/VISTAS/2013\\_Vol\\_4](http://www.counseling.org/Resources/Library/VISTAS/2013_Vol_4)

#### *In Progress:*

Arnekrans, A.K., Armbruster, E., Neyland-Brown, L.N. & **DuFresne, R.M.** (under review). Counseling Program Advisory Committees: A Framework Recommendations. *Journal of Counselor Leadership and Advocacy*.

Neyland-Brown, L.N., **DuFresne, R.M.** & Lonn, M.R. Site Supervisor Evaluations Forms Items used by CACREP Accredited Counseling Programs: a content analysis. *Journal of Counselor Preparation and Supervision*.

Shavers, M.C., Joshi, A.P., Nelson, A.R., McBride, M., & **DuFresne, R.M.** (under review). Toward Inclusivity in Counseling Research: Analyzing JCD's Discourse on Race and Ethnicity from 2007 – 2022. *Journal of Counselor Leadership and Advocacy*

#### **Grants**

McBride, M. & **DuFresne, R.M.** (2023). S.M.A.R.T.T. (Serving Marginalized Adolescents in Rural Towns Training). A program grant submitted to the Health Resources and Services Administration (HRSA Funding Opportunity for Behavioral Health Workforce Education and Training for Professional- CAY. (2-year project, \$990,00).  
**Role: Field Coordinator**

#### **Presentations**

**DuFresne, R.M.** & Arnekrans, A.K (2024). Quick we need an adjunct: Strategies for recruiting, onboarding, and retaining adjunct faculty. Presented at the North Central Association for Counselor Education and Supervision Conference.

Lonon, M. & **DuFresne, R.M.** (2024). When Clients Die: Contextualizing grief and loss in Supervision. Presented at the North Central Association for Counselor Education and Supervision Conference.

Joe, J.R., **DuFresne, R.M.**, & Gasser, C. (2024). Establishing and Communicating Your Research Agenda. Presented at the National Board for Certified Counselor's Bridging the Gap Symposium.

**DuFresne, R.M.** & Gilfillan, E. (2022, September). Chi Sigma Iota: Chapter Leaders Training. Presented at the North

Central Association for Counselor Education and Supervision Conference.

**DuFresne, R.M.** & Arnekrans, A.K. (2022, September). Tales from the Trenches: Building Productive Site Relationships. Presented at the North Central Association for Counselor Education and Supervision Conference.

**DuFresne, R.M.**, Lonn, M.R., & Neyland-Brown, L.N. (2021, October). Evaluating Practicum and Internship Site Supervisors: Identifying Trends and Best Practices. Presented at the Association for Counselor Education and Supervision Conference.

Lonn, M.R, **DuFresne, R.M.**, & Neyland-Brown, L.N. (2020, October). Evaluating Practicum and Internship Site Supervisors: Identifying Trends and Best Practices. To be presented at the North Central Association for Counselor Education and Supervision Conference. (Cancelled due to COVID-19).

Arnekrans, A.K. & DuFresne, R.M. (2020, October). Tales from the Trenches: Building Productive Site Relationships. To be presented at the North Central Association for Counselor Education and Supervision Conference. (Cancelled due to COVID-19).

**DuFresne, R.M.** & Lonn, M.R. (2019, October). Teaching Career Counseling Online: Creating an Engaging Learning Environment. Presented at the Association for Counselor Education and Supervision Conference, Seattle, WA.

Sapp, T., Sadler-Gerhardt, C., **DuFresne, R.M.** & Peters, H. (2019, April). Cultivating Professional Members' Connection and Engagement with your CSI Chapter. Presented for Chi Sigma Iota's Webinar series.

Lonn, M.R. & **DuFresne, R.M.** (2018, October) Approaching Death and Mourning in Supervision. A paper presented at the North Central Association of Counselor Education and Supervision Conference, Cleveland, OH.

**DuFresne, R.M.** & Arnekrans, A.K. (2018, April). Navigating Home-Based Therapy: Creating Successful Home Visits. A paper presented at the American Counseling Association 2018 Annual Conference and Exposition, Atlanta, GA.

**DuFresne, R.M.** & Lonn, M.R. (2017, October). Counseling Clients with Terminal Illness and Their Families: Preparing Counselors to Discuss Death. A paper presented at the All Ohio Counselors Conference, Columbus, OH.

Arnekrans, A.K., Neyland-Brown, L.N., Rose, J.S., **DuFresne, R.M.**, & Laux, J.M. (2017, October). My Student Has Become A Colleague: Best Practices & Examples in Counselor Educator Mentorship. A paper presented at the Association for Counselor Education and Supervision 2017 Conference: Forging the Future of Professional Counseling, Chicago, IL

**DuFresne, R.M.**, Dari, T., Laux, J.M. & Juhnke, G. (2017, March). Assessment Tools for Substance and Process Addictions: Exploring the Frequency of Use. A paper presented at the American Counseling Association 2017 Annual Conference and Expo.

Mahaffey, B., Rose, J. S., Gross, B., Montgomery, V., Lawrence, J., **DuFresne, R.**, Sapp, T., & Teague, E. (2016, November). "I am a Professional Counselor" CSI Chapters Connecting with Counselors. Presented for Chi Sigma Iota's Webinar Series

**DuFresne, R.M.** & Maneev, V. (2016, October). Chi Sigma Iota Chapter Leaders Training. A paper presented at the North Central Association of Counselor Education and Supervision Conference: Igniting and Illuminating Innovation in Counselor Education and Supervision, Bloomington, MN.

Arnekrans, A.K., **DuFresne, R.M.**, Hennig, J., & Keene, B.R. (2016, October). Online Education in Counselor Education Programs: Student & Educator Perceptions of Effectiveness. A paper presented at the North Central Association of Counselor Education and Supervision Conference: Igniting and Illuminating Innovation in Counselor Education and Supervision, Bloomington, MN.

- Arnekrans, A.K., Neyland, L., Rose, J.S. & **DuFresne, R.** (2016, March). *Appropriate Advocacy: Promoting Social Justice through Social Media*. A paper presented at the American Counseling Association 2016 Annual Conference and Exposition, Montreal
- Baltrinic, E., Roseman, C., Taylor, J. Z., **DuFresne, R.**, Intagliata, A., & McGhee, C. (2015, October). *Mentoring practices that enhance counselor education doctoral students' teaching skills*. A paper presented at the Association of Counselor Education and Supervision Conference, Philadelphia, Pennsylvania.
- Rose, J. S., Arnekrans, A., **DuFresne, R.**, & Neyland, L. (2015, October). *Inclusion of technology in supervision: Ethical pitfalls and best practices*. A paper presented the Association for Counselor Education and Supervision Conference: Leadership for Culturally Relevant Pedagogy and Practice, Philadelphia, PA.
- Rose, J. S., Arnekrans, A., **DuFresne, R.**, & Neyland, L. (2015, July). *Inclusion of technology in supervision: Ethical pitfalls and best practices*. A paper presented the American Mental Health Counselors Association Annual Conference: Transformation in Action, Philadelphia, PA
- Mahaffey, B., Sauerheber, J. D., Rose, J. S., Gross, B., **DuFresne, R.**, & Sapp, T. (2015, May). *Engaging professional members in CSI chapter activities and beyond: Growing a counselor community*. Presented for Chi Sigma Iota's Webinar Series
- DuFresne, R.**, Roseman, C.P. & Laux, J. (2014, November). *Is Counseling Ready for Rational Suicide?* A paper presented at the 2014 All Ohio Counselors Conference, Columbus, OH.
- Arnekrans, A., **DuFresne, R.**, Neyland, L., & Rose, J.S. (2014, November). *Inclusion of Technology in Supervision: Ethical Pitfalls and Best Practices*. A paper presented at the 2014 All Ohio Counselors Conference, Columbus, OH.
- Neyland, L., Arnekrans, A. K., **DuFresne, R.**, & Rose, J.S. (2014, September). *Appropriate Advocacy: Empowering Faculty & Practitioners through Social Media*. Poster Presented at the North Central Association for Counselor Education & Supervision 2014 Conference. St. Louis, MO.
- Roseman, C. P., Collins, K., **DuFresne, R.**, & Wertenberger, A. (2014, September). *By-Laws 101*. ACA Midwest Leadership Institute. Evanston, IL.
- DuFresne, R.**, Rose, J.S., Arnekrans, A., & Neyland, L. (2014, April). *Facebooking, Tweeting, and Poking... Oh My!: The 'How-To' and 'What-Not' of Social Media for Counselor Educators and Supervisors*. Presented at American Counseling Association 2014 Annual Conference & Exposition, Honolulu, HI.
- Arnekrans, A., **DuFresne, R.**, Neyland, L., & Rose, J.S. (2014, January). *Inclusion of Technology in Supervision: Ethical Pitfalls and Best Practices*. A paper presented at the 2014 Ohio Association for Counselor Education and Supervision Winter Meeting, Columbus, OH.
- Rose, J.S., Arnekrans, A., **DuFresne, R.**, & Neyland, L. (2013, November). *Facebooking, Tweeting, and Poking... Oh My!: The 'How-To' and 'What-Not' of Social Media for Counselor Educators and Supervisors*. A paper presented at the 2013 All Ohio Counselors Conference, Columbus, OH.
- Rose, J.S., Arnekrans, A., **DuFresne, R.**, & Neyland, L. (2013, October). *Facebooking, Tweeting, and Poking... Oh My!: The 'How-To' and 'What-Not' of Social Media for Counselor Educators and Supervisors*. Poster session presented at the 2013 Association for Counselor Education and Supervision Conference, Denver, CO.
- DuFresne, R.** & Arnekrans, A., (2013, August). *DSM 5 Changes: Updating Your Clinical Toolkit: Understanding and Applying DSM-5 Changes with Children & Adolescents*. A training presented at The Zepf Center, Toledo, OH.

**DuFresne, R.** & Arnekrans, A., (2013, July). *DSM 5 Changes: Updating Your Clinical Toolkit: Understanding and Applying DSM-5 Changes with Children & Adolescents*. A training presented at The Zepf Center, Toledo, OH.

Rose, J.S., Arnekrans, A., **DuFresne, R.**, & Neyland, L. (2013, April). *Facebooking, Tweeting, and Poking... Oh My!: The 'How-To' and 'What-Not' of Social Media for Counselor Educators and Supervisors*. A paper presented at Ohio Association of Counselor Education and Supervision spring conference, Columbus, OH.

**DuFresne, R.** (2012, November). *Pharmacological Treatment for Substance Use Disorders*. Poster session presented at The 2012 All Ohio Counselors Conference, Columbus, OH.

**DuFresne, R.** (2012, November). *Treatment Techniques for Individuals with Aspergers*. Training provided to University of Toledo Counseling Center staff, Toledo, OH.

**DuFresne, R.** (2012, April). *Building Counseling Relationships with the Mentally Retarded*. A paper presented at Ohio Association of Counselor Education and Supervision spring conference, Dublin, OH.

### Professional Affiliations and Service

American Counseling Association	2010 – present
Ohio Counselors Association	2012 – present
Professional Development Committee Member	2014 – 2020
Grants Committee	2017 – 2018
Northwest Ohio Counselors Association	2012 – present
Past President	2017 – 2018
President	2015 – 2017
President-Elect	2014 – 2015
Scholarship Committee Chair	2013 – 2014
Chi Sigma Iota, International Counseling Academic and Professional Honors Society	2011 – present
Alpha Omega Chapter Past President	2014 – 2015
Alpha Omega Chapter President	2013 – 2014
Alpha Omega Chapter Vice President	2012 – 2013
Professional Membership Committee Member	2014 – 2023
Chair	2020 - 2023
Counselor's Bookshelf reviewer	2016 – 2020
Association for Counselor Education and Supervision	2011 – present
<i>Counselor Education &amp; Supervision</i> , ad-hoc Editorial Board member	2018 – 2019
<i>Counselor Education &amp; Supervision</i> , Editorial Board Member	2019 - 2022
North Central Association for Counselor Education and Supervision	2013 – present
Parliamentarian	2024 – present
Secretary	2023 – 2024
Social Media Chair	2013 – 2015
Ohio Association for Counselor Education and Supervision	2011 – present
Past President	2019 – 2020
President	2018 – 2019
President-elect	2017 – 2018
National Board of Certified Counselors	
<i>The Professional Counselor</i> , Associate Editor	2023 – present
<i>The Professional Counselor</i> , Editorial Board member	2018- 2023

### **Heidelberg University Service**

Appeals Review Committee (Office of Accessibility)	2022 – present
Chi Sigma Iota (Counseling Honor Society) Beta Gamma Chapter Co-Advisor	2021 – present
Disability Advocacy Division Faculty Co-Advisor	2021 – present
Graduate Studies Committee Chair	2023 – present 2024 – present
Parliamentarian	2024 – present
Shared Communication Leadership Group	2022 – 2023

### **Bowling Green State University Service University Service**

Graduate Council, Bowling Green State University Curriculum Review Committee	2019 – 2021 2019 – 2021
Faculty Development Committee, Bowling Green State University Chair	2017 - 2021 2019 - 2021

### **College Service**

Research Development Committee, College of Education & Human Development, Bowling Green State University	2018 - 2020
-------------------------------------------------------------------------------------------------------------	-------------

### **School Service**

Personnel Committee, School of Counseling and Special Education, Bowling Green State University	2018 - 2020
Faculty Search Committee, School of Counseling and Special Education, Bowling Green State University	Fall 2018
Faculty Search Committee, School of Counseling and Special Education, Bowling Green State University	2017 - 2018

### **Community Service**

*Committee Member*, Northwest Ohio Developmental Center, Citizen’s Advisory Committee, Toledo, OH  
January 2019 - present

*Committee Member*, Tammy’s Walk, Toledo, OH  
August 2010 – present

Committee Member, Northwest Ohio Developmental Center Human Rights Committee, Toledo, OH  
August 2013 – July 2016

### **Awards**

Counselor Education & Supervision Editorial Fellow, 2017-2018.

Samuel E. Flesher Exemplary Commitment to Cognitive Enhancement Therapy, 2015, Center for Cognition and Recovery

Emerging Leader, 2015 - 2016, Association for Counselor Education and Supervision

Chi Sigma Iota Leadership Fellow, 2014 - 2015

Outstanding Doctoral Student, 2013-2014 University of Toledo, Department of Counselor Education and Supervision

Second place, 2013, American Counseling Association, Graduate Student Ethics Competition – Doctoral Level

Outstanding Chapter Newsletter, 2013, Chi Sigma Iota International, Alpha Omega Chapter

First place, 2012 American Counseling Association, Graduate Student Ethics Competition – Masters Level

Student of the Year, 2012, Alpha Omega Chapter of Chi Sigma Iota