

Meagan S. McBride

ASSISTANT PROFESSOR – GRADUATE STUDIES IN COUNSELING

DIRECTOR – MASTERS OF ARTS IN COUNSELING

HEIDELBERG UNIVERSITY

meagan.mcbride@gmail.com (419) 618-4620

EARNED DEGREES

PhD in Counselor Education Aug. 2018 UNIVERSITY OF TOLEDO

MA in Mental Health Counseling Aug. 2015 BOWLING GREEN STATE UNIVERSITY

BS in Education Jun. 2013 BOWLING GREEN STATE UNIVERSITY

PROFESSIONAL LICENSES

Licensed Professional Clinical Counselor with Supervising Credentials Aug. 2018 - Present State of Ohio (E. 1800498-SUPV)

Intervention Specialist, K-12 (mild-moderate) Aug. 2013 -State of Ohio

PROFESSIONAL CERTIFICATIONS

Certified Trauma & Resiliency Practitioner

Association of Counseling Sexology & Sexual Wellness Sex Educator

EMDR trained

The Online Classroom: Strategies for Higher Ed Teaching and Learning (Harvard Institutes for Higher Education)

APPOINTMENTS

Director, Graduate Studies in Counseling Jul. 2022 - Present MASTERS OF ARTS IN COUNSELING, HEIDELBERG UNIVERSITY, TIFFIN, OHIO

Interim Director, Graduate Studies in Counseling Jul. 2021 - Jul. 2022 MASTERS OF ARTS IN COUNSELING, HEIDELBERG UNIVERSITY, TIFFIN, OHIO

Assistant Professor Aug. 2018 - Present MASTERS OF ARTS IN COUNSELING, HEIDELBERG UNIVERSITY, TIFFIN, OHIO

Director, Prevention and Early Intervention Jul. 2017 - Aug. 2018 FAMILY RESOURCE CENTER, FINDLAY, OHIO

Adjunct Professor Aug. 2015 - May. 2018 SCHOOL OF HEALTH AND HUMAN SERVICES, UNIVERSITY OF TOLEDO, TOLEDO, OHIO

SUMMARY OF SIGNIFICANT LEADERSHIP EXPERIENCE

Director, Graduate Studies in Counseling July 2021 - Present

Responsible for overall strategy for the graduate counseling program. Provide oversight and direction for full-time and adjunct faculty. Responsible for receiving and maintaining CACREP accreditation and a current ranking of the #1 Best Value Counseling Program in Ohio. Responsible for engaging alumni, community agencies, and key stakeholders. Responsible for a clinical counseling program that has maintained a 100% job placement rate for the past two years. Awarded a \$1.3 M grant that provides students with a \$10,000 stipend.

President, Tiffin City Schools Board of Education Jan. 2022 - Jan. 2024

Worked to establish professional norms for public meetings with the goal of reestablishing public trust. Lead an innovative and successful superintendent search process, bringing stable leadership to the district after 3+ years of instability. Reelected to the president role following successful completion of goals.

Chair, Faculty Development Committee Aug. 2019 - Aug. 2020

With a goal to elevate the instructional quality of the institution, led a rigorous review of professional development opportunities and needs. Collected data via surveys and focus groups for faculty on the overall pedagogical needs. Provided recommendations and implement bi-annual campus wide development initiatives.

Director, Prevention and Early Intervention Jul. 2017 - Aug. 2018

Provide coordination and supervision of community consultation, prevention, and education services regarding alcohol, tobacco and other drugs, early childhood, and mental health, as well as other community prevention/education activities. While managing a team of 12

employees, and a 2+ million dollar budget, planned and designated mental health, alcohol/drug, and early childhood prevention, education and consultation services.

SUMMARY OF OTHER LEADERSHIP EXPERIENCE

Tiffin City Schools Board of Education, Jan 2020 - Present

Public Policy Chair, Society for Sexual, Affectional, Intersex, and Gender Expansive Identities, 2019-2022

Co-Faculty Advisor, Berg Allies, Heidelberg University, 2019-present

Chair, Heidelberg Graduate Studies Committee Jul. 2020

Faculty Advisor, Chi Sigma Iota, Heidelberg University, 2019-2023

President, Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling of Ohio, July 2019-July 2020

Founding Member, Seneca Proud, May 2019- present

Executive Board, Pathworks House, September 2019- present

Executive Board, LGBTQ+ Spectrum of Findlay, May 2018-Jul 2019

DIVERSITY AND OUTREACH EFFORTS

Regular participation in Diversity Panels and Informal / Formal Mentoring Interactions Ongoing

Primary Investigator, Heidelberg Sexual Climate Survey Aug. 2020 - Mar. 2021

Patient Advocate, Women's Clinic of Columbus; Columbus, Oh 2013-2019

Faculty Advisor, Tri-Alpha Aug. 2020- Present

Co-Faculty Advisor, Berg Allies, Heidelberg University, 2019-present

HONORS & AWARDS

Ream-Paradiso Distinguished Teaching Award, Heidelberg University 2023

Distinguished Service Award, Heidelberg University 2021

Counselor Educator of the Year Nominee, Association of Counselor Education and Supervision 2020

Toledo 20 Under 40 Nominee, 2017 & 2019

Counselor Education & Supervision Peer Reviewer Fellowship Recipient, 2017

Ohio Association Counselor Education and Supervision, Doctoral Student of the Year, 2017

RESEARCH, PRESENTATIONS, & GRANTS

Summary:

Research: 3 Articles, and 2 Chapter Edits

Presentations: 35 Presentations (9 refereed presentations, 26 invited presentations)

Grants: Participated in the acquisition of over \$2.3M with \$1.5M as PI or Co-PI.

ARTICLES, BOOK CHAPTERS, AND EDITED VOLUMES

Chapter Edits

[1] Mayes, R., Shavers, M., & Moore, J. L. III, & (Eds.) (2022). African American Women from Schools to the Workplace: Informing Research Practice and Policy. Emerald Press.

Published and Accepted Journal Articles

[1] McBride, M., (2021) A Special Commentary: Human Sexuality Education for Counseling Students, An Ethical Imperative. Journal of Counseling Sexology and Sexual Wellness (Accepted)

- [2] Jenkins, C. D., Savitsky, D., Mahon, M. M., Dockery, G. N., & McBride, M. (2020). Advocacy in Action for Sexual, Affectional, Intersex, and Gender Expansive Identities. *Journal of LGBT Issues in Counseling*, 14(4), 374-392.

CONFERENCE PRESENTATIONS

Conference Presentations (Refereed)

- [1] McBride, M., Rice, R (2024) Integrating Sex Education into Counselor Training: Practical Strategies, Inclusive Dialogue, and the Ethical Imperative (NCACES), Chicago, Illinois
- [2] Shavers, M., McBride, M. (2022) Teaching Anti-Racism and Social Justice to Counseling Students (NCACES), Omaha, Nebraska
- [3] McBride, M., Rice, R., & Forristal, K (October 2021) *Who to Trust: Strategies for Professional Counselors when a Supervisor is Acting Unethically* (AOCC), Columbus, Ohio.
- [4] McBride, M. & Shavers, M. (October 2021) *Broaching: An Approach to Teaching Anti-Racism and Social Justice to Counseling Students*(ACES), Atlanta, Georgia
- [5] McBride, M., Shavers, M. C. (2019). Ethical Dilemmas in Non-Client Settings. Presented at the biennial meeting of the Association for Counselor Education and Supervision (ACES), Seattle, WA.
- [6] McBride, M., Jensen-Skeel, E. (October 2020) Young, Incarcerated, & Isolated: Working with Incarcerated Youth in Rural Areas (AOCC), Columbus, Ohio.
- [7] McBride, M. & Shavers, M. (October 2019) *Ethical Dilemmas in Non-Client Settings*. Association for Counselor Education and Supervision (ACES), Seattle, Washington.
- [8] McBride M. & Roseman, C (November 2017) *Dual relationships, Isolation, And Stigma; Addressing the Challenges of Rural Clinicians*; All Ohio Counselor Conference, Columbus, Ohio.
- [9] McBride, M. & Gamby, K. (October 2017) *Effective pedagogy to engage counseling students across the generations*. Association for Counselor Education and Supervision (ACES), Chicago, Illinois.
- [10] McBride, M. (May, 2016) *Play Therapy Techniques in Everyday Practice*; CEU Luncheon Seminar. University of Toledo Medical Center. Toledo, Ohio
- [11] McBride M. & Roseman, C (October 2016). *When it Hurts to Talk, Creative Interventions for Clients Struggling With Grief and Loss*; All Ohio Counselor Conference, Columbus, Ohio.

Conference Invited Presentations

- [1] McBride, M. (September 2021) *Working with Youth With Trauma: For School Counselors* (NCOESC Counselor Consortium), Tiffin, Ohio.
- [2] McBride, M. (September 2021) *Working with Youth With Trauma: For School Counselors* (NCOESC Counselor Consortium), Mansfield, Ohio.
- [3] McBride, M. (September 2021) *Working with Youth With Trauma: For School Counselors* (NCOESC Counselor Consortium), Marion, Ohio.
- [4] McBride, M. (June 2021) *Human Sexuality & Disabilities* (Cleveland State University), Cleveland, Ohio.
- [5] McBride, M., Rice, R., (April 2021) *Children Of Trauma & Restorative Supervisory Relationships* (Heidelberg, MAC CEU provider), Virtual
- [6] McBride, M. (November 2020) *Secondary Trauma And Fatigue* (Job & Family Service), Fremont, Ohio.
- [7] McBride, M. (November 2020) *Stress & Self Care in 2020* (Lakota School District), Lakota, Ohio.
- [8] McBride, M. (September 2020) *Healing After Trauma* (Bishop Hoffman Catholic Schools), Fremont, Ohio.
- [9] McBride, M. (September 2020) *Addressing Racism in Our Communities* (Idaho State University), Pocatello, Idaho.

- [10] McBride, M. (September 2020) *Impact of Covid-19 on Mental Health* (Tiffin-Seneca Public Library), Tiffin, Ohio.
- [11] McBride, M. (August 2020) *Allship & Inclusive Universities, Heidelberg University residence Life Staff, Tiffin, Oh*
- [12] McBride, M. (June 2020) *Ethical Considerations Serving SAIGE Populations (ALGBTIC), Virtual*
- [13] McBride, M. (January 2020) *Get In The Know With Bullying (District 4-H), Tiffin, Ohio*
- [14] McBride, M. (December 2019) *School Roles Regarding Student Self Harm & Suicidality (Findlay City Schools), Findlay, Ohio*
- [15] McBride, M. (August 2019) *Allship & Inclusive Universities, Heidelberg University residence Life Staff, Tiffin, Oh*
- [16] McBride, M. (June 2019) *LGBTQ Adults and varying Abilities, Informed Intersectionality, Thomas M Wernert Center, Toledo, Oh*
- [17] McBride, M. (April 2019) *LGBTQ Youth, Ethics in Mental health Settings, Lorain County Board of Mental Health and Addiction Services, Lorain, Oh*
- [18] McBride, M. (April 2019) *LGBTQ Adults, Ethics in Mental health Settings, Lorain County Board of Mental Health and Addiction Services, Lorain, Oh*
- [19] McBride, M. (November 2018) *Social Work, Sexuality, and Faith- A Holistic Approach Bluffton University, Bluffton, Oh*
- [20] McBride, M. (August 2018) *Trauma Informed School Settings, Tiffin City Schools Professional Development Day, Tiffin, Oh*
- [21] McBride, M. (August 2018) *Beyond the Binary, Fostering Inclusive Businesses. Hancock County Chamber of Commerce, Findlay, Oh*
- [22] McBride, M. (February 2018) *Heterosexism and transgender oppression in counseling. Counseling Department, University of Toledo, Toledo, Oh*
- [23] McBride, M. (February 2018) *Women's Mentoring Connection, Hancock County, Chamber of Commerce, Findlay, Oh*
- [24] McBride, M. (January 2018) *Trauma Informed Classrooms, Tiffin City Schools Professional Development Day, Tiffin, Oh*
- [25] McBride, M. (August 2017) *Bullying in Our Schools, A presentation for Parents Marathon Petroleum Corp, Findlay, Oh*
- [26] McBride, M. (February 2017) *Serving a Diverse Population, From the Inside Out EHOVE, Sandusky, OH. Credit: 3 hours*

GRANTS AND CONTRACTS

As Key Personnel

- [1] McBride, M. & DuFresne, R. (2023). SMARTT (*Serving Marginalized Adolescents in Rural Towns Training*). A program grant submitted to the Health Resources and Services Administration (HRSA Funding Opportunity for Behavioral Health Workforce Education and Training for Professional. (2-year project, \$990,941.86). **Role: Project Director 2023-2025.**
- [2] McBride, M (2023) Great Minds Fellowship, Ohio, Ohio Department of Higher Education (\$318,000) **Role: Project Director 2023-2025.**
- [3] McBride, M (2020) Phyllis & leon Putnam Scholarship, Seneca, Sandusky, Wyandot Mental Health Board, Scholarship Developed (\$360,000) **Role: Project Director 2020-2022.**
- [4] Shavers, M.C. & Rice, R. (2020). Heidelberg University Center for Survivor Empowerment and Reduction of Sexual Violence. A continuation program grant submitted to the Department of Justice. (4-year project, \$300,000). Role: **Consultant.**
- [5] Shavers, M.C. & Sanders, J. (2017). Project K.I.T.E. (Keep Interdisciplinary Teams Evolving). A program

grant submitted to the Health Resources and Services Administration (HRSA Funding Opportunity for Behavioral Health Workforce Education and Training for Professional. (4-year project, \$1,300,000). **Role: Project Director 2021-2023.**

- [6] Shavers, M.C. & Sanders, J. (2017). Project K.I.T.E. (Keep Interdisciplinary Teams Evolving). A program grant submitted to the Health Resources and Services Administration (HRSA Funding Opportunity for Behavioral Health Workforce Education and Training for Professional. (4-year project, \$1,300,000). **Role: Clinical Director 2018-2021.**

As Principal Investigator

- [1] McBride, M (2017) Hancock County Department of Job and Family Services, Kinship Care Programmatic Grant, Grant Awarded
- [2] McBride, M (2017) Hancock County Department of Job and Family Services, Family Coach Programmatic Grant, Grant Awarded
- [3] McBride, M (2017) American Counseling Association Institute for Leadership Training, Grant Awarded
- [4] McBride, M., Windsor, K., Lewellan, J. (2017) Lead Counselor. Mental Health and Recovery Services of Seneca, Sandusky and Wyandot Counties Suicide Prevention Program. Proposal Awarded

Courses & Seminars Taught

Summary:

Undergraduate: 3 courses, 2 first year experience, 1 co-taught

Graduate: 32 distinct courses taught

Online/Hybrid: 12 distinct courses

Heidelberg University

COU 500: Introduction to Graduate Counseling Experience (online & face to face)
COU 501: MAC Orientation Workshop
COU 502: Introduction to Professional Counseling Identity
COU 503: Human Growth & Development (online & face to face)
COU 504: Theories of Counseling and Advanced Techniques
COU 508: Group Process in Counseling
COU 509: Philosophy & History of Counseling (online & face to face)
COU 510: Assessment & Appraisal
COU 511: Applied Research & Quantitative Methods
COU 518: Career Counseling
COU 519: Administration of School Counseling
COU 521: Counseling Youth at Risk (online & face to face)
COU 522: Counseling Children & Adolescents (online & face to face)
COU 537: Social Foundations in Cross Cultural Counseling
COU 545: Seminar-Trauma Intensive
COU 545: Seminar- Grant Writing
COU 545: Seminar- Advanced Skills
COU 545: Seminar- Entering the Profession
COU 580: Practicum-Clinical Counseling
COU 581/582: Internship in Clinical Counseling I/II
COU 609: Diagnosis of Mental and Emotional Disorder
COU 610: Psychopathology, Personality Disorders, and Abnormal Behaviors
COU 610: Treatment of Mental & Emotional Disorders
COU 611: Trauma & Crisis
COU 613: Trauma Intensive
COU 640: Clinical Seminar in Methods of Intervention and Prevention (online & face to face)
COU 641: Counseling Issues in a Global Society (online)
COU 654: Human Sexuality
COU 690: Comprehensive Examinations
HEI 101: Advise/Inspire Mentoring
HEI 102: Advise/Inspire Mentoring
NDI 100: Think Like a Humanist
University of Toledo
COUN 5130: Group Counseling
COUN 5190: Counseling Practicum School Counseling
COUN 6/7230: Crisis Counseling
SYSY: 5170: Consultation 1: Theories and Techniques

COUN 1110: Fundamentals of Human Mental Health
COUN 5140: Theories and Techniques (co-taught Masters course)
COUN 6940: Mental Health Counseling Internship (co-taught Masters course)
COUN 5190: School Counseling Practicum
COUN 4240: Substance Abuse Treatment Techniques
COUN 5190: Counseling Practicum School & CMHC
COUN 8450: Couples & Family Counseling (Co-Instructor, online format)

Bowling Green State University

EDTL 2100: Introduction to Education