

Master of Arts in Counseling

Clinical Mental Health Counseling

Plan of Study — Full-Time, Fall Start

Fall	Credit Hours	Spring	Credit Hours	Summer	Credit Hours
Year 1					
COU 502† (intro)	1	COU 508 (group)	3	COU 503 (human growth)	3
COU 504 (theories)	3	COU 537 (diversity)	3	COU 518 (career)	3
COU 505 (techniques)	3	COU 609 (dx)	3	COU 610 (treatment planning)	3
COU 532† (ethics)	3	COU 611 (crisis & trauma)	3	COU 613† (trauma intensive)	1
Term total	10	Term total	12	Term total	10
Year 2					
COU 510 (assessment)	3	COU 511 (research)	3	COU 522 (children)	3
COU 512 (clinical settings)	2	COU 535 (relationships)	2	COU 545 (elective)	2–3
COU 637 (substance use)	3	COU 580 (practicum)	3	COU 583 (internship)	3
COU 654 (human sexuality)	1				
Term total	9	Term total	8	Term total	8–9
Year 3					
COU 583 (internship)	3				
COU 690 (comps)	0				
Term total	3				

○ Delivered digitally asynchronously. COU 510, COU 511, and COU 654 include optional in-person activities; attendance is not required and these courses remain asynchronous.

† Delivered in person on the Tiffin campus using an alternative schedule. COU 502 and COU 532 are 8-week courses scheduled alongside the full-semester COU 504. COU 613 is a two-day in-person seminar.

All unmarked courses are delivered in person on the Tiffin campus on a standard full-semester schedule. The program uses two delivery types: in-person synchronous and digitally asynchronous. Sixteen of twenty-three courses are delivered in person, and all students enroll in seated courses every semester.

Program total: 60–61 credit hours, depending on the credit value of the COU 545 elective. Full-time enrollment is 9 credit hours in fall and spring and 6 credit hours in summer.

Clinical Mental Health Counseling Curriculum

All candidates seeking the MA in Counseling degree must complete the following courses and field experience.

Foundation Courses (must be taken as the first four courses)	Semester Hours
COU 502 Introduction to Professional Counseling Identity	1
COU 503 Human Growth and Development	3
COU 504 Theories of Counseling	3
COU 532 Professional Issues in Counseling: Legal and Ethical	3
Core Courses	
COU 505 Techniques of Counseling	3
COU 508 Group Processes in Counseling	3
COU 510 Assessment and Appraisal	3
COU 511 Applied Research and Quantitative Methods	3
COU 518 Career Planning and Vocational Guidance	3
COU 522 Counseling Children and Adolescents	3
COU 535 Couples, Relationships, and Families	2
COU 537 Social Foundations in Cross-Cultural Counseling	3
COU 611 Trauma and Crisis	3
COU 613 Trauma Intensive & Integrated Treatment Modalities	1
COU 654 Human Sexuality	1
COU 637 Substance Use and Abuse	3
Clinical Courses	
COU 512 Clinical Mental Health and Agency Counseling	2
COU 609 Etiology & Diagnosis of Mental Disorders	3
COU 610 Treatment of Emotional and Mental Disorders	3
COU 545 Elective (variable 2–3 credit hours)	2–3
Field Experience	
COU 580 Practicum in Clinical Counseling	3
COU 583 Internship Experience for Clinical Counseling	6
COU 690 Comprehensive Examination	0
Total	60–61