

# Sarah R. Lazzari

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## Professional Address and Contact Information

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## Education

- Ph.D. Portland State University (Social Work and Social Research), 2019  
*Dissertation Title: Support From Inside Out: Exploring Whether Various Social Supports Assist in Reducing Prison Rule Violations*
- M.S. Portland State University (Criminology and Criminal Justice), 2012
- B.A. University of Washington (Independent Arts and Sciences; Criminal Justice), 2010

## Academic Appointments

- 2019-Present Assistant Professor  
Heidelberg University, Criminology and Sociology
- 2014-2016 Adjunct Faculty  
Portland State University, School of Social Work and Criminology and Criminal Justice
- 2014-2015 Adjunct Faculty  
Washington State University, Criminal Justice

## Teaching Experience

### Heidelberg University

- Across Campus Integrated Studies Pilot Program: k(NO)w Justice  
Aim Hei: Advise, Inspire, & Mentor  
Senior Honors Project  
*Volunteer Relationships for Helping Justice-Involved People Stay Crime-Free*
- Criminology Courses Research Methods  
Criminology Internships

Supervise all Criminology and Double Major (CRM/PSYCH)  
Internships

Intro to Criminology and Criminal Justice

Intro to Criminal Justice

Corrections

Juvenile Justice

Victimology

Independent Studies:

*Predictors of Youth Violence* (Spring 2024)

*Mutual Help Groups: Beneficial or Harmful?* (Summer 2023)

*Impact of Prison on Mental Health* (Summer 2023)

*Horizon Prison Initiative* (Spring 2022-ongoing)

*Peer Mentors: Building Bridges between Institutions and the Community* (Spring 2021)

*A Test of Social Disorganization Theory: Does Neighborhood Conflict Lead to Poor School Outcomes for Juveniles?* (Fall 2020), 2021 Hammel Award first place winner.

*Impact of Covid-19 on the Loneliness of Collegiate Athletes* (Fall 2020), 2021 Hammel Award Finalist

*Perceptions of Police* (Fall 2020)

Sociology Courses

Introduction to Sociology

Sociology of Deviance

Special Topic: Ethical Leadership in Criminal Justice

Special Topic: Death Penalty

Special Topics: Women, Gender, and Crime

Contemporary U.S. Social Issues

Guest Lectures

INT 300: *Survey Design and Contemporary US Social Issues* (Fall 2023)

*Prisonization: Dialogue with future teachers about working with students whose parents are incarcerated* (Spring 2022)

School of Education, Heidelberg University- *Secondary*

*Prisonization: Dialogue with future teachers about working with students whose parents are incarcerated* (Fall 2021)

College of Social Sciences, Lourdes University—*Pre-Professional Seminar* (Spring 2021; Fall, 2021; Spring 2024)

**Portland State University**

School of Social Work  
(graduate)

Research Methods for Social Work

Data Analysis in Social Work Research

Guest Lectures in  
School of Social Work

Research Methods for Social Work Advance Standing Students

Crim & CJ Courses

Chi-Square and Correlations

Ethical Leadership in Criminal Justice

TA: Careers in Crime

TA: Crime Myths

TA: Theories of Crime and Justice

## Washington State University

CJ Courses

Corrections

### **Research Experience**

- 2023-  
Ongoing Primary Investigator: Along with one of my undergraduate students, we are exploring the impact of incarceration on mental health. We are surveying people who spent a minimum of two years in prison, who have since released. We are exploring the ability to access mental health resources since returning to the community.
- 2023-  
Ongoing Primary Investigator: *Tiffin City Schools School Climate Survey*. Along with a colleague and two of my undergraduate students, we have created a school climate survey that will be administered to Middle School and High School Students. Tiffin City Schools' Superintendent reached out to me and asked for help in better understanding the experiences of the students.
- 2023-2024 Primary Investigator: How helpful is Mutual Help? Along with a student, we are examining the role of Mutual Help Groups (i.e. AA, NA, etc.). We want to better understand how people perceive their experiences in these groups, and whether these groups really do help individuals struggling with addiction.
- 2022-  
Ongoing Primary Investigator: *Horizon Program Evaluation*. This is a drug and alcohol reentry program at Ohio Reformatory for Women. The research team is two professors and 5 undergraduate Psychology and Criminology students. We had successfully completed HU's IRB and are awaiting approval from Ohio Department of corrections
- 2022-  
Ongoing Primary Investigator: *High Impact Teaching Experiences: Prison Pen Pal Program*. The research team is two professors and three Department of Correction Employees. We are exploring the impact of a prison pen pal program on university students and incarcerated women.
- 2022-2023 Primary Investigator: *Returning Citizens as Prison Volunteers: "To Build a Bridge Between Institutions and Communities."* The research team includes a colleague in Australia and two graduate students. We published a paper in 2023 and will continue work exploring prison volunteers.
- 2021-2022 Primary Investigator: *Covid-19, Quarantines, and Incarceration: Exploring the Resiliency of Individuals and Families Who Have Experienced Incarceration*. The research team included two graduate students (one who is a returning citizen) and two undergraduate students. We published our paper and presented at ACJS in 2022.
- 2014-2015 Primary Investigator: Developed survey and focus group protocol for Key

Performance Measure for Oregon Department of Corrections. The identified customer are Visitors. I will be surveying individuals who visit Adults in Custody throughout all 14 Institutions throughout the state of Oregon (Summer of 2015). Primary Investigator: Developed focus group protocols, trained facilitators, and worked with communities in developing recommendations for the Governor’s Reentry Council. Insights around how and individual’s Families, Communities, and Support Networks are impacted by periods of incarceration. Presented findings to the Governor’s Reentry Council on June 4, 2015.

- 2112-2014 *Primary-Investigator: “Through a Child’s Eyes: Encouraging Positive Behavior among Inmate Mothers through a Special Child Visitation Event.”* Data was collected for the first time, examining the impacts of special visitation events at Oregon’s women’s prison.  
*Graduate Research Assistant/Project Supervisor: Regional Research Institute-Portland State University. The My Life Project; Primary Investigator: Sarah Geenen.*
- 2012-2013 *Research Assistant: Oregon Correctional Enterprises Assessment Team. A team from PSU evaluated business practices and effects on recidivism for inmates involved.*
- 2011-2013 *Intern Research Assistant, Oregon Social Learning Center, Project Home Co-Investigator: “Prison and Re-entry Volunteers: An Overlooked, Creative, and Cost Effective Source of Human Capital for Desistance.”* Examining data from Oregon Department of Corrections.  
*Research Assistant: Dissertation research: “The effects of stigma on probationers/parolees.”*
- 2010-2012 *Graduate Research Assistant: The Hatfield School of Government, Department of Criminology and Criminal Justice, Portland State University*

## Service

### Heidelberg University University

2023-2024	Faculty Service Award Committee
2023-Present	Faculty Advisor, Student Senate
2023-Present	Community and Academic Engagement Committee
Spring 2023	Biology Search Committee
Spring 2023	Nursing Program Director Search Committee
Summer 2022-Present	<i>Patricia Adams Lecture Series</i> Selection Committee
Summer 2022-Present	Title IX Advisor

	3/31/22	Apart: Documentary Screening through collaboration with Represent Justice and Post-Screening Conversation with Person Portrayed in the Film
	2/25/22	Guest Lecture: EIS 320: Family and Social Systems; Lecture about the impact of parental incarceration
	1/17/22	Facilitator: MLK JR Day On: Freedom Writers: Movie and Discussion
	10/28/21	Guest Lecture in EDU 346: Adv Conc/Research Methods; Lecture about the IRB and what reviewers consider when making decisions about research proposals
	10/26/21	Guest Lecture: EIS 320: Family and Social Systems; Lecture about the impact of parental incarceration
	2021-2023	Diversity, Equity, & Inclusion Presidential Committee
	9/14/21	Facilitator: Hype Session—Careers in Criminal Justice
	Fall 2021	Co-Facilitator of Series of Faculty Development Workshops: Inclusive Classroom Practices. Three sessions Throughout Fall 2021
	Fall 2021-Summer 2023	Chair, Institutional Review Board
	2021-2022	Winner of Flatworld Textbook Scholarship. I won free textbooks for all students in my Introduction to Sociology courses for the 2021-2022 school year.
	4/13/21	Facilitator, Student Research Conference
	4/8/21	Facilitator of Panel Session. Careers in Criminal Justice
	3/25/21	Facilitator, Hype Day Session. Crossroads: Examining Intersecting Oppressions—Race, Gender, and Class
	2/23/21	Facilitator, Hype Day Session. Communication with Outside Agencies. Discussion with Michigan Justice Advocacy
	2/23/21	Facilitator, Hype Day Session. Overcoming Implicit Bias
	2021-Present	Member, Coordinated Community Response Team
	2020-Fall 2021	Member, Institutional Review Board
	2020-2021	Member, Shared Communication Committee
	2020-Present	Faculty Marshall, Events and Planning Committee
	Fall 2020	Facilitator, Showing up for Racial Justice Dialogues
CRM Department	Fall 2023-Present	Program Administrator, <i>Partners in Academic Coaching for Excellence</i>
	1/10/23	<i>High Impact Teaching Experiences</i> : Presentation at the Tri-C Faculty Colloquium
	Fall 2019; 2020; 2021; 2022; 2023	Behavioral Sciences Showcase

	2019-Present	Advisor, Alpha Phi Sigma (Honorary Society) Advisor, Writers in Residence Coordinator, Criminology Internships
Community	3/4/21	Panelist, Lourdes University, Social Work Career Talk
	March 2021	Donation Drive for Seneca County youth Detention Center. The CJ Honorary specifically focused on addressing the personal hygiene needs of youth of color.
	2021-2022	Board Member, Sisters in Shelter
	2020-Present	Member, Nonviolent Tiffin

### Portland State University

University	2012-2013	Member, Faculty Search Committee
	Spring 2013	Member, Promotion and Tenure Committee
State	2011-2012	Intern, Oregon Department of Corrections
	2013-2014	Volunteer, Oregon Department of Corrections, Facilitator of Insight Development Group
	2012-2013	Committee Member: Multnomah County Family Engagement Team
	2011-2013	Volunteer, Oregon Department of Corrections, Family Visitation Events at multiple prisons

## Professional Experience

2014-2015	Chair, Oregon Department of Corrections Research Committee
2014-2015	Research Analyst 3, Oregon Department of Corrections
2012-2014	Lead Facilitator, Parenting Inside Out and Pathfinders (CBT)

## Published Scholarly Works

**Lazzari, S.R.** (2019). Support from inside out: Exploring whether various social supports assist in reducing prison rule violations. *Dissertations and Theses*. Paper 5335.

<https://doi.org/10.15760/etd.7208>

**Lazzari, S.R.** (2012). The influence of parental gender on the type of communication between incarcerated parents and their children. Retrieved from ETDS Dissertations and Theses:

[http://pdxscholar.library.pdx.edu/open\\_access\\_etds/805](http://pdxscholar.library.pdx.edu/open_access_etds/805)

**Lazzari, S.R., Franz, B., Lloyd, C.D., Higley, C.A., & Serin, R.C.** (2023). Peer mentors as

prison volunteers: Building bridges between institutions and communities. *International Journal of Offender therapy and Comparative Criminology*, 1-17. DOI:

10.1177/0306624X231188416

**Lazzari, S.R.**, Miller, K.M., Lee, J. (2019). Opening the “Black Box”:

Exploring an enhanced visitation event at a women’s prison. *Journal of Social Service Research*, 45(5), 684-695. <https://doi.org/10.1080/01488376.2018.1501792>

**Lazzari, S.R.**, Wright, K., Franz, B., Hawk, A., & McWeeney, S. (2022).

Experiences of loneliness: Covid-19 versus incarceration. *International Journal of Offender Therapy and Comparative Criminology*.

<https://doi.org/10.1177/0306624X221113537>

Miller, K.M., Eddy, M.E., Borja, S., & **Lazzari, S.R.** (2017). Variations in the life histories of incarcerated parents by race and ethnicity. *Smith College Studies in Social Work*, 87, 59-77.

## Film Reviews

**Lazzari, S.R.** (Fall 2022). Tre Maison Dasan and Troop 1500: Girls Scouts Beyond Bars. *Films for the Feminist Classroom*, 11(2). [http://ffc.twu.edu/issue\\_11-2/rev\\_Lazzari\\_11-](http://ffc.twu.edu/issue_11-2/rev_Lazzari_11-2.html?fbclid=IwAR1tA4r3RiYrSteLZLCEg1dR4DT4IV3Wqzm9BSxYtJL4LBRF6CW)

[2.html?fbclid=IwAR1tA4r3RiYrSteLZLCEg1dR4DT4IV3Wqzm9BSxYtJL4LBRF6CW](http://ffc.twu.edu/issue_11-2/rev_Lazzari_11-2.html?fbclid=IwAR1tA4r3RiYrSteLZLCEg1dR4DT4IV3Wqzm9BSxYtJL4LBRF6CW)  
[V5-avXQw](http://ffc.twu.edu/issue_11-2/rev_Lazzari_11-2.html?fbclid=IwAR1tA4r3RiYrSteLZLCEg1dR4DT4IV3Wqzm9BSxYtJL4LBRF6CW)

## Selected Presentations

Kim-Appel, D., Henry, D., & **Lazzari, S.R.** (February 5, 2021). *Post 2020 classroom*.

*Heidelberg University’s Faculty Research Symposium*. Thirty Minute Round-Table Discussion.

**Lazzari, S.R.** (March 27, 2019). “The Role of Incarcerated Mothers as Primary Caregivers and

the Challenges Communities and Families Face Resulting from Mass Incarceration and Undue Criminalization.” Coalition for the Children of the Incarcerated, University of Washington Tacoma. Was going to be a twenty-minute presentation, with two other presenters. Co-presenters canceled, on the day of the conference. I presented for an hour.

**Lazzari, S.R.** (chosen to present on June 19, 2020, but was cancelled—COVID; plan to present in 2021). “Connections Behind and Beyond Prison Walls: The Influence of Social Supports on Prison Rule Violations.” National Organization of Forensic Social Work (60 minute research presentation).

**Lazzari, S.R.** (November 5, 2020). *Utilizing Google Slides for In Class Activities*. Heidelberg University’s 2020 Tech Slam. Ten Minute Zoom Presentation.

**Lazzari, S.R.** (February 23, 2021). Implicit Bias. Heidelberg University’s Hype Day. Fifty Minute Presentation for Students, Faculty, and Staff.

**Lazzari, S.R.** (February 23, 2021). *Michigan Justice Advocacy: Collaborations between Universities and Community Partners*. Fifty Minute Presentation for Students, Faculty, and Staff.

**Lazzari, S.R.** (May 17, 2021). *Parenting Behind Bars*. A 90 minute telehealth webinar workshop with women incarcerated in New Mexico Department of Corrections.

**Lazzari, S.R.,** Beach, J., Powell, Y., Harris, K., Farris, T. (January 30, 2024). “*We are Still Human*”: *Giving voice to those living in justice systems*. Presented to the Tiffin-Seneca Public Library, as a part of their community education program.

**Lazzari, S.R.,** Franz, B., Lloyd, C.D., Higley, C.a., & Serin, R.C. (2023). *Peer mentors as prison volunteers: Building bridges between institutions and communities*. To be presented at the Academy of Criminal Justice Sciences National Conference.



- Lazzari, S.R.,** Franz, B., Wright, K., Hawk, A., & McWeeney, S. (2022). *Covid-19, Quarantines, and incarceration: Exploring the resiliency of individuals and families who have experienced incarceration.* Academy of Criminal Justice Sciences, Annual conference (30 Minute-Original Research Presentation)
- Lazzari, S.R.,** Griffin, N., Pistorova, S., & Kim-Appel, D. (March 31, 2022). *It takes a village: Bridging the gaps for youth impacted by incarceration.* Heidelberg University Faculty Research Symposium, 60 minute collaboration with identified community partners.
- Lazzari, S.R.,** McWeeney, S., Hawk, A., Wright, K., & Franz, B. (February 3, 2021). *Conducting Research with Students & Initial Results: Exploring the Resiliency of Those Who Have Experienced Incarceration.* Heidelberg University's Faculty Research Symposium. Thirty Minute Research Presentation.
- Lazzari, S.R.,** Moore, M., Collins, P.N., Kreais, H.E., Chamberlin, L.D. (March 21, 2024), *Horizon Prison Initiative: Insights from participants.* Presented at the Academy of Criminal Justice Sciences National Conference: Chicago, IL.
- Lazzari, S.R.,** Moore, M., Collins, P.N., Kreais, H.E., Chamberlin, L.D. (December 8, 2023), *Horizon Prison Initiative: Insights from participants.* Presented to Ohio Department of Rehabilitation and Corrections at Ohio Reformatory for Women.
- Lazzari, S.R.,** Sittason-Stark, P., Robinson, J., Bass, A., & Robinson, B. (2023). *High Impact Teaching Practice: Breaking barriers, one letter at a time.* To be presented at the Academy of Criminal Justice Sciences National Conference.
- Lazzari, S.R.,** Stark, T., Gregg, V.R., Sass, N., & Sell, A. (January 10, 2023). *High impact teaching experiences: Research, internships, and studying abroad.* Tri-C Faculty Colloquium.

**Lazzari, S.R.**, Vanderhoff, R., & Salisbury, E.J. (2013). “Through a Child’s Eyes: Encouraging Positive Behavior Among Inmate mothers Through a Special Child Visitation Event.”

Policy Presentation to Executive Committee, Oregon Department of Corrections.

Leotti, S., & **Lazzari, S.R.** (June 16, 2021). *Anti-oppressive practice behind bars? Rethinking social work with criminalized populations*. National Organization of Forensic Social Work (60 Minute Round-table Discussion).

Leotti, S., & **Lazzari, S.R.** (chosen for a roundtable on June 18, 2020, but was cancelled—COVID; plan to present in 2021). “Anti-oppressive practice Behind Bars? Rethinking Social Work with Criminalized Populations.” National Organization of Forensic Social Work (60 Minute Round-Table Discussion).

Lloyd, C.D., **Lazzari, S.R.**, & Serin, R.C. (2015, March). “What makes an affective agent of change? Correctional volunteers’ perceptions of training programs describing evidence-based risk and strength approaches. American Psychology—Law Society Annual Meeting, San Diego, CA Poster Presentation on March 18, 2015.

Miller, K.M., & **Lazzari, S.R.** (2014, March). “Intersection between child welfare and criminal justice systems in mental health, academic achievement, and quality of life outcomes for children of color.” Society for Research on Adolescence Annual Meeting, Austin, TX Paper Presentation on March 22, 2014.

O’Connor, T., Lehr, J.M.E., **Lazzari, S.R.**, & Duncan, J. (2011, November). “Prison and Re-Entry Volunteers: An Overlooked, Creative, and Cost Effective Source of Human Capital for Desistance.” 2011 American Society of Criminology Annual Meeting, Washington D.C. Paper Presentation on November 17, 2011.

O’Connor T., Duncan, J., **Lazzari, S.R.**, & Lehr, J.M.E. (2011, October). “Prisoners, Chaplains,

and Volunteers in Oregon: Diverse and Widespread Human, Social, and Spiritual Capital for Desistance.” 2011 American Society of Criminology Annual Meeting, Washington D.C. Paper Presentation November 18, 2011.

## Oregon Department of Corrections Publications

Lazzari, S.R. (2015). *Snake River Correctional Institution’s Kids’ Camp: Providing opportunities for adults in custody to be fathers.*

## Trainings Conducted

### Heidelberg University

University	October 11, 2022	Navigating HU’s IRB—Students, Faculty, & Staff
	September 1, 2022	Navigating HU’s IRB—Students, Faculty, & Staff
	August 23, 2022	Navigating HU’s IRB—Students, Faculty, & Staff
	September 14, 2021	Navigating HU’s IRB—Students, Faculty, & Staff
	August 12, 2021	Navigating HU’s IRB—Students, Faculty, & Staff
	January 28, 2021	Navigating HU’s IRB—Students, Faculty, & Staff
	November 5, 2020	Tech Slam: <i>How to utilize Google Slides in Creating Engaging Online Class Activities.</i>

### Portland State University

State	September 13, 2014	Governor’s Reentry Council Project: <i>How To Run/Facilitate Focus Groups</i>
	June 18, 2012	Oregon Department of Corrections: <i>Home for Good in Oregon Mentor Program Interview Training</i> at Columbia River Correctional Institution.

## Trainings Attended

Heidelberg University	October 21, 2022	Operation Street-Smart, Franklyn County Sherriff’s Office—Worldwide, National, and Ohio Drug Trends
	February 15, 2022	Security Awareness Proficiency Assessment
	February 15, 2022	2022 Kevin Mitnick Security Awareness Training – 15 minutes
	February 15, 2022	Using the Phish Alert Button: Report Suspicious Emails
	February 15, 2022	Security Awareness Foundations
	November 2021	Operation Street-Smart, Franklyn County Sherriff’s Office—Worldwide, National, and Ohio Drug Trends

	November 2021 11/30/20-12/4/20	15 Passenger Van Safety Training International Teaching and Learning Cooperative, Online Conference.
	June 2020	Learning Online Teaching and Learning (five week course)
	July 15, 2019	Operation Street-smart, Franklyn County Sherriff's Office
National	May 5, 2021	Disrupting Whiteness: Talking with the White People in Our Lives (webinar)
	February 17, 2021	Black Minds Matter: Addressing Disproportionate School Suspensions of Black Children and Youth (webinar)
<u>Portland State University</u>		
State	June 2012	Oregon Department of Corrections: Oregon State Penitentiary Access Training Oregon Department of Corrections: Oregon State Penitentiary Contractor Training.

## **Funding**

Spring '24	\$1000 Travel Award from Heidelberg University to present at the Academy of Criminal Justice Sciences
Spring '23	\$1000 Travel Award from Heidelberg University to present at the Academy of Criminal Justice Sciences
Spring '23	National Criminal Justice Honorary Society, Alpha Phi Sigma <u>Chapter Grant</u> : \$250 Awarded to Chapters that are actively pursuing community engagement projects.
Spring '23	\$300 Advisor Grant to Attend the National Alpha Phi Sigma Conference.
Spring '22	\$1000 Travel Award from Heidelberg University to present at the Academy of Criminal Justice Sciences
Fall '21	National Criminal Justice Honorary Society, Alpha Phi Sigma <u>Chapter Grant</u> : \$250 Awarded to Chapters that are actively pursuing community engagement projects.
Summer '21	Heidelberg University Student/Faculty Summer Research Program: \$5,500 awarded for summer research. Funding supports faculty and students.
Spring '21	National Criminal Justice Honorary Society, Alpha Phi Sigma <u>Chapter Grant</u> : \$250 Awarded to Chapters that are actively pursuing community engagement projects.

## **Awards**

2024	Winner of the Distinguished Scholarship/Research Award
2023	Nominated for the Heidelberg University Distinguished Scholar Award
2022	Nominated for the Heidelberg University Distinguished Scholar Award
2021	Nominated for the Heidelberg University Faculty Service Award
2021	Nominated as the Best Advisor for a Campus Group
2015	Portland State University's <u>Dean's Community Engagement Award</u> : For outstanding collaborating with outside community agencies

2013 Portland State University's Dean's Community Engagement Award: For outstanding collaborating with outside community agencies.

**Fellowships**

2017-2018 2018 Portland State University's School of Social Work Shireman Doctoral Fellowship