

Meagan S. McBride, PhD, LPCC-S (OH), CTRP

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Tiffin, OH 44883

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Education

August 2018

Ph.D., **Counselor Education and Supervision** University of Toledo
(CACREP Accredited) Toledo, Ohio
Cognate in Qualitative Research
Cognate in Educational Research Methods

May 2015 M.A.,

Clinical Mental Health Counseling

Bowling Green State University

(CACREP Accredited)

Bowling Green, Ohio

August 2012 B.S.,

Education, Intervention Services, Cum

Laude Bowling Green State University

Bowling Green, Ohio

Specialization: Mild to Moderate Disabilities

Dissertation: *Exploring the Relationship between Independently Licensed Counselor Identity Factors and Human Sexuality Competencies*

Chair: Dr. Christopher Roseman

Areas of Interest/Expertise:

Multiculturalism/Diversity, Social Justice, Trauma & Crisis Response, Human Sexuality in Counseling, Women's Issues, Rural Community Issues, and Qualitative Research Methods.

Certifications & Registrations

- Licensed Professional Clinical Counselor-Supervisor Ex. 1/08/2022 •
No.E.1800498
- Certified Trauma Practitioner Ex. 08/07/2023
- Certified EMDR Practitioner
- Resident Educator License, Intervention Specialist, Ex. 09/2016
K-12, Mild-Moderate

Academic Employment

Interim Director

July 2021- Present

Masters of Arts In Counseling

Heidelberg University

Tiffin, Ohio

Assistant Professor
Masters of Arts In Counseling
Heidelberg University
Tiffin, Ohio

August 2018- Present

Assistant Adjunct Professor
Counselor Education
University of Toledo
Toledo, Ohio

August 2015- May 2018

Graduate Instructor
Education Department
Bowling Green State University
Bowling Green, Ohio

August 2012-May 2015

Professional Work Experience

Owner, Professional Counselor, *MK Counseling & Consulting, LLC Private Practice; Tiffin, Ohio*
Provide individual counseling to children, adolescents, and adults presenting with a myriad of moderate to severe mental health disorders. Coordinate services with area schools. August 2018- current.

Director of Prevention and Early Intervention, *Family Resource Center of Northwest Ohio; Findlay, Ohio*

Provide coordination and supervision of community consultation, prevention, and education services regarding alcohol, tobacco and other drugs, early childhood, and mental health, as well as other community prevention/education activities. Plan and implement designated mental health, alcohol/drug, and early childhood prevention, education and consultation services. Provide prevention programming for children, adolescents, young adults, parents and families; facilitate educational groups; participate in community prevention efforts; build and expand the Prevention program throughout FRC's entire demographic area. July 2017 – August 2018.

Professional Counselor, *New Transitions Counseling, LLC Private Practice; Tiffin, Ohio* Provide individual counseling to children, adolescents, and adults presenting with a myriad of moderate to severe mental health disorders. Coordinate services with area schools. Sept 2015 – March 2018.

Community Program Educator, *New Transitions Counseling, LLC Private Practice in Conjunction with Seneca County Municipal Courts; Tiffin, Ohio*

Work collaboratively with area probation officers, attorneys, and counselors to create and implement a parenting group for individuals working towards reunification, in conjunction with probation sentence, or with charges involving child endangerment. . Sept 2015 – March 2018.

Counselor Trainee, *University of Toledo Medical CenterKobacker Center; Toledo, Ohio* Worked in individual and group settings focusing on youth and adolescents with emotional and behavioral concerns. Provided intake and diagnostic assessment services to inpatient and outpatient clients. Integrated art, play, and technology into sessions. August 2014- May 2015

Intervention Specialist Student Teacher, Fostoria High School; Fostoria, Ohio

Implemented positive behavior support systems. Created and delivered developmentally appropriate lessons to serve a variety of educational needs. Collaborated to establish and implement Individual Education Plans. August 2011-May 2012

Child Care Center Director, KinderCare; Brunswick, Ohio

Fostered and maintained a positive and family centered tone for the center. Developed age appropriate curriculum that aligned with state and federal requirements. Ensured center's facilities complied with all laws as well as appropriate and safe for children.

Managed staff of 15+, developed job descriptions, interviewed candidates, maintained staff development and education. May 2009- September 2011

Presentations/Professional Activity

Refereed

Conducted:

McBride, M., Rice, R., & Forristal, K (October 2021) *Who to Trust: Strategies for Professional Counselors when a Supervisor is Acting Unethically* (AOCC), Columbus, Ohio.

McBride, M. & Shavers, M. (October 2021) *Broaching: An Approach to Teaching Anti-Racism and Social Justice to Counseling Students*(ACES), Atlanta, Georgia.

McBride, M., Jensen-Skeel, E. (October 2020) *Young, Incarcerated, & Isolated: Working with Incarcerated Youth in Rural Areas* (AOCC), Columbus, Ohio.

McBride, M. & Shavers, M. (October 2019) *Ethical Dilemmas in Non-Client Settings*. Association for Counselor Education and Supervision (ACES), Seattle, Washington.

McBride M. & Roseman, C (November 2017) *Dual relationships, Isolation, And Stigma; Addressing the Challenges of Rural Clinicians*;All Ohio Counselor Conference, Columbus, Ohio.

McBride, M. & Gamby, K. (October 2017) *Effective pedagogy to engage counseling students across the generations*. Association for Counselor Education and Supervision (ACES), Chicago, Illinois. (accepted)

McBride, M. (May, 2016) *Play Therapy Techniques in Everyday Practice*; CEU Luncheon Seminar. University of Toledo Medical Center. Toledo, Ohio

McBride M. & Roseman, C (October 2016). *When it Hurts to Talk, Creative Interventions for Clients Struggling With Grief and Loss*; All Ohio Counselor Conference, Columbus, Ohio.

Proposed:

McBride M. & Roseman, C (November 2017) *Let's Talk About Sex, Getting Comfortable With the Domains of Human Sexuality!*;All Ohio Counselor Conference, Columbus, Ohio.

Invited Presentations

Conducted:

McBride, M. (September 2021) *Working with Youth With Trauma: For School Counselors* (NCOESC Counselor Consortium), Tiffin, Ohio.

McBride, M. (September 2021) *Working with Youth With Trauma: For School Counselors* (NCOESC Counselor Consortium), Mansfield, Ohio.

McBride, M. (September 2021) *Working with Youth With Trauma: For School Counselors* (NCOESC Counselor Consortium), Marion, Ohio.

McBride, M. (June 2021) *HUMAN Sexuality & Disabilities* (Cleveland State University), Cleveland, Ohio.

McBride, M., Rice, R. (April 2021) *Children Of Trauma& Restorative Supervisory Relationships* (Heidelberg, MAC CEU provider), Virtual

McBride, M. (November 2020) *Secondary Trauma And Fatigue* (Job & Family Service), Fremont, Ohio.

McBride, M. (November 2020) *Stress & Self Care in2020* (Lakota School District), Lakota, Ohio.

McBride, M. (September 2020) *Healing After Trauma* (Bishop Hoffman Catholic Schools), Fremont, Ohio.

McBride, M. (September 2020) *Addressing Racism in Our Communities* (Idaho State University), Pocatello, Idaho.

McBride, M. (September 2020) *Impact of Covid-19 onMental Health* (Tiffin-Seneca Public Library), Tiffin, Ohio.

McBride, M. (August 2020) *Allship & Inclusive Universities, Heidelberg University residence Life Staff, Tiffin, Oh*

McBride, M. (June 2020) *Ethical Considerations Serving SAIGE Populations (ALGBTIC), Virtual*

McBride, M. (January 2020) *Get In The Know With Bullying (District 4-H), Tiffin, Ohio*

McBride, M. (December 2029) *School Roles Regarding Student Self Harm & Suicidality (Findlay City Schools), Findlay, Ohio*

McBride, M. (August 2019) *Allship & Inclusive Universities, Heidelberg University residence Life Staff, Tiffin, Oh*

McBride, M. (June 2019) *LGBTQ Adults and varying Abilities, Informed Intersectionality, Thomas M Wernert Center, Toledo, Oh*

McBride, M. (April 2019) *LGBTQ Youth, Ethics in Mental health Settings, Lorain County Board of Mental Health and Addiction Services, Lorain, Oh*

McBride, M. (April 2019) *LGBTQ Adults, Ethics in Mental health Settings, Lorain County Board of Mental Health and Addiction Services, Lorain, Oh*

McBride, M. (November 2018) *Social Work, Sexuality, and Faith- A Holistic Approach Bluffton University, Bluffton, Oh*

McBride, M. (August 2018) *Trauma Informed School Settings, Tiffin City Schools Professional Development Day, Tiffin, Oh*

McBride, M. (August 2018) *Beyond the Binary, Fostering Inclusive Businesses. Hancock County Chamber of Commerce, Findlay, Oh*

McBride, M. (February 2018) *Heterosexism and transgender oppression in counseling. Counseling Department, University of Toledo, Toledo, Oh*

McBride, M. (February 2018) *Women's Mentoring Connection, Hancock County, Chamber of Commerce, Findlay, Oh*

McBride, M. (January 2018) *Trauma Informed Classrooms, Tiffin City Schools Professional Development Day, Tiffin, Oh*

McBride, M. (August 2017) *Bullying in Our Schools, A presentation for Parents Marathon Petroleum Corp, Findlay, Oh*

McBride, M. (February 2017) *Serving a Diverse Population, From the Inside Out EHOVE, Sandusky, OH. Credit: 3 hours*

Publications

McBride, M. (2021) A Special Commentary: Human Sexuality Education for Counseling Students, An Ethical Imperative. *Journal of Counseling Sexology and Sexual Wellness* (Accepted)
Jenkins, C. D., Savitsky, D., Mahon, M. M., Dockery, G. N., & **McBride, M.** (2020). Advocacy in Action for Sexual, Affectional, Intersex, and Gender Expansive Identities. *Journal of LGBT Issues in Counseling*, 14(4), 374-392.

McBride, M (December 2017-Present) Columnist, "Mental Health Moments", The Findlay Courier (non-referred)

McBride, M (October 2017) Future Professionals Mixer: Cultivating Professional Identity through Multi-Level Mentor Relationships, Guest Post Ohio Counseling Association Counselor Conference Blog (non-referred)

External Funding

McBride, M (2020) Phyllis & Leon Putnam Scholarship, Seneca, Sandusky, Wyandot Mental Health Board, Scholarship Developed

Shavers, M.C. & Sanders, J. (2017). Project K.I.T.E. (Keep Interdisciplinary Teams Evolving). A program grant submitted to the Health Resources and Services Administration (HRSA Funding Opportunity for Behavioral Health Workforce Education and Training for Professional. (4-year project, \$1,300,000). **Role: Project Director 2021-present.**

Shavers, M.C. & Sanders, J. (2017). Project K.I.T.E. (Keep Interdisciplinary Teams Evolving). A program grant submitted to the Health Resources and Services Administration (HRSA Funding Opportunity for Behavioral Health Workforce Education and Training for Professional. (4-year project, \$1,300,000). **Role: Clinical Director 2018-2021.**

McBride, M (2017) Hancock County Department of Job and Family Services, Kinship Care Programmatic Grant, Grant Awarded

McBride, M (2017) Hancock County Department of Job and Family Services, Family Coach Programmatic Grant, Grant Awarded

McBride, M (2017) American Counseling Association Institute for Leadership Training, Grant Awarded

McBride, M., Windsor, K., Lewellan, J. (2017) Lead Counselor. Mental Health and Recovery Services of Seneca, Sandusky and Wyandot Counties Suicide Prevention Program. Proposal Awarded

Laux, J., Roseman, C., Liu, Y., McGuire-Wise, S., Armitage, G. R., Long, S., Graham, B.,

McBride, M., Fullenkamp, L., & Zimmer, D. (2016). **Doctoral Graduate Assistant.** Rockets BWHET. Grant proposal submitted for the Behavioral Health Workforce Education and Training (BHWET) for Paraprofessionals and Professionals. Proposal not awarded.

Volunteer/Leadership Experience

Tiffin City Schools Board Of Education, 2020-present

Public Policy Chair, Society for Sexual, Affectional, Intersex, and Gender Expansive Identities, 2019-present

Co-Faculty Advisor, Berg Allies, Heidelberg University, 2019-present

Faculty Advisor, Chi Sigma Iota, Heidelberg University, 2019-present

Past President, Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling of Ohio, July 2019-present

Executive Board, LGBTQ+ Spectrum of Findlay, May 2018-present

Critical Incident Stress Management, Seneca County & Tiffin City Schools, Fall 2016-present

Selection Committee, University of Toledo Counselor Education & Supervision, Spring 2017

Student Mentor, *Pilot Program, University of Toledo Counselor Education & Supervision, Spring 2017*
Membership Committee, *Ohio Counseling Association, 2016-current*
Executive Board, *Patchworks House; Tiffin, Ohio. 2015-Present*
Patient Advocate, *Women's Clinic of Columbus; Columbus, Ohio. 2013-Present*
Board Member/Advocate, *Wood County Suicide Prevention Coalition. 2013-2015*
Team Leader, *Red Cross Disaster Relief; 2013-Present*

Teaching Experience

Heidelberg University

COU 500: *Introduction to Graduate Counseling Experience*
COU 503: *Human Growth & Development*
COU 504: *Theories of Counseling and Advanced Techniques*
COU 508: *Group Process in Counseling*
COU 509: *Philosophy & History of Counseling*
COU 510: *Assessment & Appraisal*
COU 521: *Counseling Youth at Risk*
COU 522: *Counseling Children & Adolescents (online)*
COU 537: *Social Foundations in Cross Cultural Counseling*
COU 580: *Practicum-Clinical Counseling*
COU 581/582: *Internship in Clinical Counseling I/II*
COU 609: *Diagnosis of Mental and Emotional Disorder*
COU 640: *Clinical Seminar in Methods of Intervention and Prevention*
COU 641: *Counseling Issues in a Global Society (online)*

University of Toledo

COUN 5130: *Group Counseling*
COUN 5190: *Counseling Practicum School Counseling*
COUN 6/7230: *Crisis Counseling*
SYSY: 5170: *Consultation 1: Theories and Techniques*
COUN 1110: *Fundamentals of Human Mental Health*
COUN 5140: *Theories and Techniques (co-taught Masters course)*
COUN 6940: *Mental Health Counseling Internship (co-taught Masters course)*
COUN 5190: *School Counseling Practicum*
COUN 4240: *Substance Abuse Treatment Techniques*
COUN 5190: *Counseling Practicum School & CMHC*
COUN 8450: *Couples & Family Counseling (Co-Instructor, online format)*

Bowling Green State University

EDTL 2100: *Introduction to Education*

Distinctions

Distinguished Service Award, Heidelberg University, 2020-2021
Counselor Educator of the Year, Nominee, 2020, ACES
Toledo 20 Under 40 Nominee, 2017 & 2019
Counselor Education & Supervision Peer Reviewer Fellowship Recipient, 2017 Ohio Association Counselor Education and Supervision, Doctoral Student of the Year, 2017

National Board Certified Counselors Doctoral Minority Fellowship Program Finalist, 2017
Nominated Student Attendee, ACA Midwest Leadership Institute Fall 2016 Faculty
Selected Attendee, Advanced Leadership Academy, University of Toledo Spring 2016
Program Chair Leadership Award, University of Toledo, Fall 2016
VISION Student Leader Scholarship 2014