

HEALTH AND HUMAN PERFORMANCE MAJOR HEIDELBERG UNIVERSITY Planning Guide for Transfer Students with an ASSOCIATE OF ARTS or ASSOCIATE OF SCIENCE Degree						
HEALTH AND HUMAN PERFORMANCE MAJOR REQUIREMENTS	Hours	TRANSFER CREDIT	OAN	HU 2-YEAR GUIDE	Hours	
<b>Core Requirements: 32 hours</b>		All HU general education requirements are fulfilled with a completed AA or AS degree from a regionally accredited state-assisted institution of higher education in Ohio		<b>Semester 1</b>		
ATR171 Acute Care of Injury & Illness	3			ATR171 Acute Care of Injury & Illness	3	
ATR213 Anatomy for Orthopedic Assessment	2			ATR213 Anatomy for Orthopedic Assessment	2	
BIO235 Human Physiology	3			HHP116 Health and Wellness	3	
HHP116 Health and Wellness	3			HHP121 Recreational Activities for the Lifespan	2	
HHP121 Recreational Activities for the Lifespan	2			HHP211 History of Sport and Fitness	2	
HHP211 History of Sport and Fitness	2			Elective	3	
HHP240 Community Health	3				15	
HHP302 Administration of Physical Education and Athletics (JWO)	2			<b>Semester 2</b>		
HHP306 Nutrition	3			BIO123 Biology I	OSC 003	BIO235 Human Physiology
HHP313 Measurement and Evaluation in Health and Physical Education	3	<i>or at minimum, another college level general Biology course</i>		HHP240 Community Health	3	
HHP317 Early Movement Experiences	2			HHP306 Nutrition	3	
HHP444 Biomechanics of Sport Skills	2			PSY406 Sport Psychology	3	
HHP454 Adaptive Physical Education	2			Elective	3	
HHP490 Capstone: Human Performance and Sports Studies	1	<b>Prerequisites that must be met prior to registering for some upper level major courses:</b>			15	
<b>Exercise Science Concentration: 13 hours</b>				<b>Semester 3</b>		
ATR389 Principles of Strength & Conditioning	2	COM100 Oral Communication	OCM 004	HHP313 Measurement and Evaluation in Health and Phys	3	
HHP307 Nutrition II	2	ENG101 College Writing II	TME 002	HHP317 Early Movement Experiences	2	
HSC477 Kinesiology	3	PSY101 General Psychology	OSS 015	HHP444 Biomechanics of Sport Skills	2	
HSC487 Exercise Physiology	3			HHP454 Adaptive Physical Education	2	
PSY406 Sport Psychology	3			HSC477 Kinesiology	3	
		<b>Additional courses that may be transferred to meet major requirements:</b>		Elective	3	
		HHP306 Nutrition	OHL 016		15	
<b>Total Major Hours</b>	<b>46</b>			<b>Semester 4</b>		
				ATR389 Principles of Strength & Conditioning	2	
				HHP302 Administration of Physical Education and Athleti	2	
				HHP307 Nutrition II	2	
				HHP490 Capstone: Human Performance and Sports Stud	1	
				HSC487 Exercise Physiology	3	
				Elective (300-level)	2	
				Elective	3	
					15	
				<b>2 hours of the above electives must be at the 300-level</b>		
				Elective hours needed will vary depending on transfer credit. These hours may be used towards a second major or a minor		
		<b>OAN (Ohio Articulation Number):</b> This is the numbering system for TAG (Transfer Assurance Guide) and OTM (Ohio Transfer Module) approved course equivalents.		At least 1/2 of the major hours must be completed at Heidelberg.		
				Minimum of 30 hrs at the 300-level or above must be completed at 4-year institutions.		
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<b>TOTAL MINIMUM HOURS REQUIRED AT HU</b>		<b>60</b>	<b>MAXIMUM HOURS APPLIED FROM 2-YEAR INSTITUTIONS</b>	<b>60</b>	<b>TOTAL HOURS REQUIRED FOR BA/BS DEGREE</b>	<b>120</b>

Due to variations of course offerings at Ohio community colleges, only TAG courses are included in the middle column above. It is possible to receive specific credit toward a major for non-TAG courses.

This guide provides an example of how you can complete your degree in the number of semesters indicated in column 3 with the minimum transfer requirements listed in column 2. Modifications to column 3 may be necessary due to changes in HU course offerings, start terms, and transfer credit. While not a guarantee, with careful planning and working closely with an advisor, degree completion should be possible in the designated time frame.